



Welcome

Thank you for choosing Therese Fuh, Licensed Chemical Dependency Counselor/Therapist, Trauma Therapist, Holistic, Spiritual, Energy Healing Instructor/Practitioner and Meditation Instructor. Counseling is a major decision and you may have many questions. This document will provide you with information on policies, laws, and your legal rights.

Services Offered

Talk-therapy is typically most appropriate for those seeking individual and couples therapy. Individual therapy consists of one sixty-minute session. Therapy is usually offered once a week or bi-weekly as determined by the therapist and client. Initially, information is gathered about various aspects of the client(s) difficulty, which may include personal, familial, mental and medical health history. The therapist and client(s) will engage in an individualistic approach to treatment that boosts or enhances individual goals and multi-dimensional therapeutic methods.

Appointments are scheduled in advance and the client must attend at least 75% of scheduled sessions. If the client(s) cannot attend a session, the client(s) will notify the therapist at least 24 hours in advance, when possible. The client will be charged \$50 for the first session cancelled with less than 24 hours notice and full price of subsequent sessions without proper notice, except for an agreed upon emergency. When possible, these charges may be avoided if you can reschedule within the same week if there is an opening. These charges must be paid prior to meeting with your therapist again or at the next session and the credit card on file may be used. By signing below, the client gives their permission to use the card on file, if applicable, to collect these fees. Payment is due at the time of the session by cash, check, or credit card.

Confidentiality

Please note that everything stated in the counseling relationship is confidential, unless a client states there is a danger or serious threat to themselves or others, reports child abuse, or discloses abuse to the elderly and disabled. The therapist is required by law to report this information to keep threatened individuals safe. The profession also requires case notes and treatment plans. This is documentation about the counseling session. If law subpoenas the client(s) file, the therapist may have to submit it to the court. Supervision or consultation of the client(s) case may also be needed. Please know your therapist will take every precaution to ensure and protect the client(s) privacy. At times, the client may choose to email the therapist about appointments or provide information. Please note that email connections are unsecured, and the information may be viewed by a third party. Your therapist will make every effort to keep any information sent electronically secure and confidential.

Final Note

There are times when the client may forget payment or cancel their appointments less than 24 hours in advance as stated above. In such cases, it is helpful to keep a credit card on file to avoid disruption in treatment. If you opt to have a card on file, you may write it below. Please know, that all information is kept confidential and will not be shared.

____ _ Expiration (month/year)____ / ____ Security Code ____ Zip ____ _

If you need to reach your therapist, please do so by leaving a confidential voicemail at 512.383.6030. If you are in crisis and need immediate assistance, please call the 24-hour hotline at 472-HELP (4357) or 911.

I have read the informed consent policy.

Client's Printed Name

Date

Signature

Date